



## My child is under 2 years of age To avoid bronchiolitis this winter



**Wash your hands frequently**  
on returning home,  
before preparing food, etc.



**Air your child's room**  
several times a day



If possible, **avoid crowded places with your child:** shops, public transport, etc.



If possible, **avoid contact with people who are ill**



**Do not share** bottles, dummies or cutlery with other family members



**Regularly wash** your child's toys and soft toys



**Do not smoke** around your child

**If your child has signs of bronchiolitis** (cough, runny nose, difficulty breathing) you must **see a doctor**  
If the doctor is unavailable, **dial 15**



Other info and translations at:  
▶ [www.santepubliquefrance.fr/accessible/virus-hiver](http://www.santepubliquefrance.fr/accessible/virus-hiver)  
[www.ameli.fr/assure/bronchiolite](http://www.ameli.fr/assure/bronchiolite)